Il Timothy 3:1-5





Thessalonians 5:1-11



As believers in God, we are confident in the coming judgement day and are preparing for it. (vv.1,2)

Those who belong to darkness are not expecting a judgment and are not preparing for it. (vv.3-7)

We are to stand out from the darkness as children of the day who live self-controlled lives as we look forward to our salvation through Jesus Christ. (vv.8-11)



How Do We Grow ? In Self-Control!



- 1) Recognize its importance and value in our lives.
- 2) Focus on keeping our emotions in check.
- 3) Don't set ourselves up for easy failure.
- ★ In every situation, <u>self-control must be</u> the goal for those who belong to Christ.

