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Sunday Class Notes 03-18-2018

## The Verse That Will Change Your Life

Philippians 4:8

A. How important is your thinking? Apparently, it is **very** important (Prov.23:7). Paul gives some boundaries that should steer our thinking—and if applied, it would change our lives.

B. Change your thinking, change your life (Rom.12:2; Prov.4:23).

1. What limits us is not our past (everyone has one).
2. What limits us is not our present (no one has a perfect present).
3. What limits us is what we keep telling ourselves.

### I. Poor, Poor, Pitiful Paul

**A. Decisions... Decisions...** If anyone was justified in being negative, it was imprisoned Paul. Instead he writes *Philippians* and offers a challenge of faith. Why? Because he knew his thoughts reflected upon his faith. So do yours!

#### **B. Time for an upgrade?**

1. We need to *upgrade* our thinking. How? 1 Thess.5:16-18
2. Upgrading to a “rejoice-always” thinker doesn’t mean your life will be 100% great. Paul’s wasn’t. It does mean that regardless of life’s hardships, you can trust God and stand upon His promises.

**C. Joy is an \_\_\_\_\_ sign of an \_\_\_\_\_ faith,** Prov.15:13

1. Why would a Christian settle for less?
2. Joyful living is right in front of our eyes, and we choose not to see it.

**D. Your Thoughts Are Showing!** Luke 6:45

### II. Exercising the Free-Will of Thought

**A. You are the product of your \_\_\_\_\_, not your \_\_\_\_\_.**

1. Take ownership!
2. Keep in “mind” –the attitude you choose is a reflection of the depth of your faith.

**B. God gives you the present of the \_\_\_\_\_ what will you do with it?**

**C. If you hang around faithless people—they will try to steal yours!** Num.13-14

### III. Need to Make Changes?

**There is no time like now.**

2 Corinthians 10:5—How important is your thinking?